

INGREDIENTS

- 1 package of foil pastry
- 4 large apples
- 1 organic lemon, juice + zest
- 3 organic eggs
- 2 Tbsp corn flour
- 40g coconut oil
- 150g raw cane sugar
- 2 tsp ground cinnamon

PREPARATION

- 1. Preheat the oven to 180°C and prepare all the ingredients.
- 2. Peel the apples and grind them, then put them in a big bowl. Add lemon zest and juice, eggs, sugar, corn flour and cinnamon. Combine all well.
- 3. Place the foil pastry in a form and keep the edges risen, so that when you pour the apple mix in, it will stay within the pastry.
- 4. Bake for about 20min, or until the top in golden brown and its all cooked through.
- 5. Enjoy before anyone else will find it, it will disappear quickly (2)