BIG BATCH

VEGAN BIOME BROTH

INGREDIENTS

- 1 large piece of dried Kombu seaweed
- 3 chopped carrots
- 1/3 chopped celery root
- 1 chopped white radish
- 1 chopped parsnip
- 1 tsp mushroom powder
- 5 cm chopped ginger
- 2 Tbsp nutritional yeast
- 3 Tbsp olive oil
- 3 Tbsp Tamari sauce
- 1/2 tsp turmeric powder

PREPARATION

- Prepare all the ingredients peel and chop all the veggies.
- 2. Put all the ingredients in a large pot, fill it with water and bring to boil.
- Reduce the heat and let it simmer slowly for at least 6 hours, almost covered so you don't loose much liquid by vaporization.
- 4. When done, let it cool down, then strain through a fine strainer and keep in a few glass containers in the fridge or plastic containers if you want to freeze it.
- 5. You can use this goodness for any savory recipes to replace water. It will shift the taste of your meal to the next level.